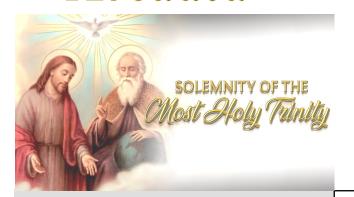
# St Benedict's Parish Arcadia





# THE MOST HOLY TRINITY YEAR B

25 & 26 MAY 2024

# PARISH MASS TIMES

## Weekends:

Saturday 7:00pm Vigil Sunday 9:00am Sunday 10:30am



# Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration 7:00pm Mass & Confession (Reconciliation)

Saturdays 10:00am to 11:00am

Adoration & Confession (Reconciliation)

# MONASTERY CHAPEL Masses

Sundays 7:00am Daily 7:00am

Please contact Father Shansana for the following:

BAPTISMS RECONCILIATION FOR THE SICK MARRIAGES FUNERALS

Fr Shansana: 0437 884 233



# **ENTRANCE ANTIPHON**

Blest be God the Father, and the Only Begotten Son of God, and also the Holy Spirit, for he has shown us his merciful love.

## SUNDAY HOLY MASS PRAYER

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever, Amen.

# SELF REFLECTION: GO MAKE DISCIPLES OF ALL NATIONS

Sundays' Gospel, *Matthew 28:16-20*, Jesus says "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything that I have commanded you."

- Am I going out to make the love of God present to those I meet?
- Do I have doubt and fear to speak out?
- Am I open with the Lord with my fears?



Lord,

I am afraid of your command, to go and teach all nations. Even though you were talking to eleven men who had no education, no money or influence in a time of unrest, they obeyed you because you were with them. Even though I am more educated than they were, it is so hard to make my voice heard. Help me to be strong and go forth to teach others what you have taught me, simply to be a child of God. Amen.

First Reading: Deuteronomy 4:32-34, 39-40 (JB)

A reading from the book of Deuteronomy

The Lord himself is God in heaven above and on earth below: there is no other.

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors - all this that the Lord your God did for you before your eyes in Egypt?

'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

The word of the Lord.
Thanks be to God.

Acknowledge And Take To
Heart This Day That The
Lord Is God In Heaven
Above And On The Earth
Below. There Is No Other.
Deuteronomy 4-39

# **Responsorial Psalm:**

R. Happy the people the Lord has chosen to be his own.

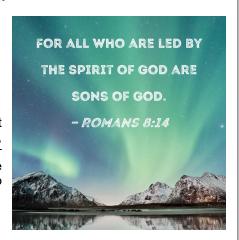
# Second Reading: Romans 8:14-17 (JB)

A reading from the letter of St Paul to the Romans

You have received the Spirit that makes you God's own children, and in that Spirit we call God: Father, our Father!

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord. Thanks be to God.



# **Gospel Acclamation**

#### Alleluia, alleluia!

Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come.

Alleluia!

# GOSPEL: Matthew 28:16-20 (JB)

A reading from the holy Gospel according to Matthew Baptise them in the name of the Father, and of the Son, and of the Holy Spirit.

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

The Gospel of the Lord. Praise to you, Lord Jesus Christ.



#### **GOSPEL REFLECTION**

Sunday, May 26 The Holy Trinity Deuteronomy 4:32-34, 39-40 Psalm 33:4-6, 9, 18-20, 22 Romans 8:14-17 Matthew 28:16-20

Know, and fix in your heart, that the LORD is God. (Deuteronomy 4:39)

What a beautiful reading for today's feast of the Holy Trinity! Moses' words to the Israelites tell us that there is only one God: "the LORD" (Deuteronomy 4:39). And he is a wonderful God! He is generous and kind, not like the false gods that the pagans worshipped. He is so kind, in fact, that he rescued his people from slavery and led them into the Promised Land (Deuteronomy 4:34). No pagan could say anything like that about their "god"!

Now, with the coming of Christ, we have an even greater understanding of who this one true God truly is. And at the heart of that understanding is the proclamation that our God is a Trinity of Persons: Father, Son, and Holy Spirit.

As Father, he treats us with great love and calls us into his family. He welcomes us into his throne room and promises to hear us when we call to him.

As Son, he takes on our own humanity and offers that humanity in sacrifice on a cross. And through that cross, he destroys the power of sin and showers us with mercy.

As Spirit, he pours his very life and love into us. He empowers us to live the life we've been called to—a life of love and mercy that mirrors the love of our heavenly Father.

This is our God! But we live in a world that tempts us to make false gods of riches and self-indulgence and to be indifferent to the needs of the poor. These "gods" aren't real; all they can promise are fleeting pleasures. By contrast, the one, true God loves us unconditionally and wants to save us and care for us. So follow Moses' advice and "fix in your heart" the truth that you belong to God—and he belongs to you (Deuteronomy 4:39)!

"Almighty God, Father, Son, and Spirit, may you be praised and worshipped for all eternity!"

rce: Word Among Us India

# LITURGICAL FEASTS AND EVENTS OF THE WEEK

MAY

Monday 27 Readings: 1 Pet 1:3-9. Mk 10:17-27.

R: The Lord will remember his covenant for ever.

St Augustine of Canterbury, bishop.

Readings: 1 Pet 1:10-16. Mk 10:28-31. Tuesday 28

R: The Lord has made known his salvation.

Wednesday 29 Readings: 1 Pet 1:18-25. Mk 10:32-45.

R: Praise the Lord, Jerusalem.

St Paul VI, pope.

Thursday 30 Readings: 1 Pet 2:2-5, 9-12. Mk 10:46-52.

R: Come with joy into the presence of the Lord.

Friday 31 Readings: Zeph 3:14-18. Is 12:2-6. Lk 1:39-56.

R: Among you is the great and Holy One of Israel.

The Visitation of the Blessed Virgin Mary.

Mary Star of the Sea. JUNE

Saturday 1

Readings: Jude 17, 20-25. Mk 11:27-33.

R: My soul is thirsting for you, O Lord my God.

St Justin, martyr.







# POPE FRANCIS' PRAYER INTENTION FOR MAY 2024

# For Those Fleeing Their Own Countries

Let us pray that migrants fleeing from war or hunger, forced to undertake journeys fraught with danger and violence, may find welcome and new living opportunities in their host countries.

#### **PARISH NOTICES**

- We need volunteer helpers for Morning tea to be added to the roster after the 9am Mass. Please contact the parish office.
- Next draft roster is now at Sacristy window.
   Please check your names and dates as soon as possible.
- We need extra helpers for Sacramental Program.
   It only entails helping out on the practice sessions and the actual ceremony. We would really appreciate your help.
- If anyone has an extra hour a week to volunteer to help out in the office with Paula on a Monday please call the parish office.

Parish Office: 9653 2312 (Mondays & Fridays)

# STAYING CONNECTED THE POWER OF FAMILY BONDS



"Being a family means you are a part of something very wonderful. It means you will love and be loved for the rest of your life." ~Lisa Weed

Staying connected with family is essential for our emotional, mental and even physical well-being.

Family provides a sense of belonging and security, offering unconditional love and support through life's triumphs and challenges.

Regular communication with family members strengthens these bonds, fostering trust, understanding and togetherness.

It also helps preserve family traditions, values and cultural heritage, passing them down through generations. Beyond emotional benefits, staying in touch with family can improve overall happiness and reduce stress levels by providing a network of people who genuinely care about our welfare.

In times of need, family members offer invaluable assistance, whether it's practical help or simply lending a sympathetic ear. Ultimately, keeping in touch with family is vital because it nurtures our relationships and makes us feel deeply connected, reminding us that we are never alone on life's journey.

"Bless us Lord with the gift of family. Help us stay connected despite distance or differences. Grant us patience, understanding and love to bridge any gaps. Strengthen our bonds, reminding us of the joy and support family brings. Amen."

Source: majellan.media

# NEXT SACRAMENTAL PROGRAM ENROLMENTS NOW OPEN

Our next Sacramental Program enrolments is now open, for students in year 3 commencing with Confirmation. Confirmation sessions will be in August 2024. Confirmation Service will be on September 12th 2024. Reconciliation and Holy Communion will be held next year in 2025.

Enrolment forms are now available in the sacristy for collection. If you would it to be emailed to you send an email to arcadia.parish@bigpond.com and we will email you the enrolment form.

For more information contact Paula on 9653 2312 (Mondays & Fridays).



## **HOLY COMMUNION**

Please pray for the children who will be receiving Holy Communion next Sunday 2nd of June 10.30am Mass.

Dear Lord, we thank You and praise You for the most precious gift of the Holy Eucharist. We ask You to bless the children who are preparing to receive Your Body and Blood for the first time. Amen.

# **PASTORAL WORKS**

The Diocese of Broken Bay Pastoral Works (PWBB) May 2024 Appeal will be running this month of May across our Diocese and in our Parish. Our catechists and hospital chaplains need your help.

Giving generously to the Pastoral Works Broken Bay Appeal during May or beyond gives you the power to connect to the Mission of Jesus Christ and add to the happiness of someone else within our Diocese.

All donations over \$2 are 100% tax deductible.

Envelopes can be found on the pews.

Your help will be greatly appreciated.



# In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Brother Mario, Father Alberic & Brother Terry.

We remember in our prayers all our dearly beloved who have died especially our dear Helen Facione, May they rest in Peace.



# **VOLUNTEER OF THE WEEK!**

This week volunteer of the week nomination goes to:



# **MARY CASCUN & JOE GATT**

Mary and Joe, both casual employees of our parish, deserve recognition for consistently going above and beyond in their duties. They willingly undertake additional tasks without seeking acknowledgment, fueled by genuine dedication. Their care for our Church, treating it as their own, is evident in the meticulous upkeep they provide. Blessings upon both of you for your heartfelt contributions to our parish community!

Who would you like to nominate for next week's volunteer?

# SUPPORT ST BENEDICT'S PARISH IF YOU ARE SELLING YOUR PROPERTY

We are pleased to inform you, that local real estate agent, Gavan Kohen, sales director at Ray White Dural and proud member of the St Benedict's Parish Church, has generously offered the following:

Any property sales that Gavan is given by St Benedict's parish member, 20% of the sale fee will be donated directly to St Benedict's Parish, Arcadia.

For any real estate enquiries, please contact Gavan Kohen on 0414 911 070.

# ST BENEDICT'S YOUTH GROUP

Come join our St Benedict's Youth group for 8-12yr olds will be held every Friday during school term only. 4pm to 5.30pm

To register your child please email the parish office: arcadia.parish@bigpond.com with your child's name, age and parent's phone number.

**Volunteers aged 14-16yrs** who would like to assist us please email the parish office. Our youth leaders all have Working With Children Checks.

Thank you, Gabe & Jules!



# **CRAFT GROUP**



The quilting group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room. Everyone welcome!

# **CATECHISTS' NEWS**

Free training is available to Catechists with full Authorisation – Level 1 Training "Listening and Questioning" this Monday 27th May 10-12:15pm via Zoom. The next session will be "Prayer in the Classroom" on Wednesday 24th July via Zoom in the evening 6.15pm-8.30pm.

RSVP registrations@bbcatholic.org.au

Also the CCD has organised a Reflection Day on the Sacred Heart of Jesus on Friday 21 June 9:45am – 2:30pm at Our Lady of Dolours, Chatswood. All are invited. Morning tea and lunch will be provided. RSVP registrations@bbcatholic.org.au

God bless,

Miriam Brown <a href="mailto:srearcadia@gmail.com">srearcadia@gmail.com</a>
Parish Catechist Co-Ordinator



# POSITION VACANT ADMINISTRATION ASSISTANT

Ku-ring-gai Chase Catholic Parish 3 month initial contract For details, please go to:

https://www.bbcatholic.org.au/about/contact-us/positions-vacant

# **MAKER'S TABLE**

Calling all ladies! You're invited to our first ever Maker's Table at St Benedict's!

Wednesday, 5th June 7.30 - 9.30pm

Watercolour painting workshop (all materials supplied and no prior experience necessary (2)).

This workshop will be offered FREE OF CHARGE so come and join us for some time of creativity, fun and friendship ⓐ. There will also be a lucky door prize!

Please RSVP by 2/6/24 via email or SMS so we can save a special place for you at the Table. Let us know if you need assistance with transport to the workshop.



themakerstablesydney@gmail.com
Martine 0458-533-250
Nerida 0425-834-017
www.themakerstable.org
at St Benedict's Church hall
2 Fagans Rd, Arcadia.

# **CCC PRAYER GROUP**

Prayer meeting held every

Wednesday morning: after 9.30am Mass.

Everyone welcome.

Come and meet new people and have a cuppa! For more details call Mary Camilleri on 0403 116 987.

# **ITALIAN ROSARY GROUP**

Every Monday 2.00pm. Everyone welcome.

For more details call Angela Egiziano on 9652 1358.

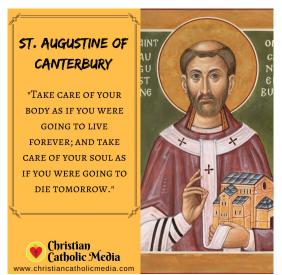


# SAINT OF THE WEEK

# SAINT AUGUSTINE OF CANTERBURY, BISHOP Feast Day: May 27

# C. Early Sixth Century-604

# **Patron Saint of England**



Around the year 595, Pope Saint Gregory the Great was said to have been walking through a Roman market when he came upon some young boys being sold as slaves. Out of concern for them, he inquired where the boys were from. "Angles from the isle of England" he was told. "Ah, they are angels!" he exclaimed. Seeing these pagan boys being sold as slaves moved the pope to take action. He wanted them Christian, and he wanted all of Anglo-Saxon England to be Christian. But how?

The pope's first plan was to buy as many of the boys as possible, send them to monasteries where they could learn the Catholic faith, and if some were found worthy, ordain them as priests and send them back to their homeland to share the faith. However, this was a long-term plan, and the pope began to receive reports that the English were ready to convert if they only had missionaries to teach them the faith. Thus, the pope moved to plan B.

Shortly after our Lord's death and resurrection, the Roman Empire launched its conquest of Britain. As the Romans slowly accepted

Christianity, the faith trickled into pagan Britain, putting down deep roots after the empire legalized Christianity in the fourth century. After the Roman Empire fell, the Angles and Saxons conquered the Britons. With them came a return to pagan worship.

When Gregory became pope, Father Augustine was the abbey's prior. Pope Gregory asked the monks to become missionaries to Anglo-Saxon England. Father Augustine, who was advanced in age, was put in charge of the mission, and thirty to forty other monks traveled with him.

The monks' objective was to go to King Æthelberht of the Kingdom of Kent, in southeast England.

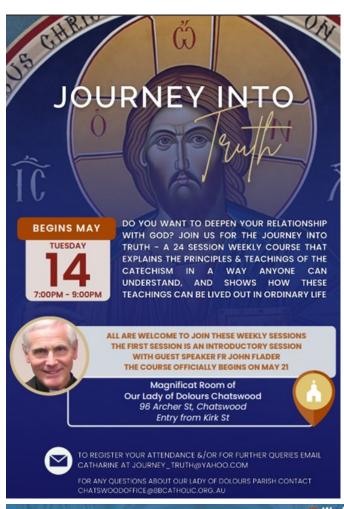
King Æthelberht's wife, the daughter of Frankish King Charibert I, was a Christian who had been allowed to practice her faith freely. Encouraged by the pope, Abbot Augustine and the monks set out for the Kingdom of Kent. After the monks crossed the English Channel, King Æthelberht went out to meet them, welcoming them with open arms. He offered them a ruined church and gave them permission to convert as many people as they could. In less than a year, the king himself converted and was baptized. Elated with the news, Pope Gregory named Abbot Augustine as the first Archbishop of Canterbury. After receiving episcopal ordination in Arles, France, Archbishop Augustine returned to Kent and enthusiastically continued his mission. On Christmas Day 597, Archbishop Augustine baptized nearly 10,000 Anglo-Saxons.

For the next nine years, Archbishop Augustine worked tirelessly to establish the Church among the Anglo-Saxons. With the king's help, dioceses were created and many conversions followed. God performed so many miracles through Archbishop Augustine that the pope wrote to him, warning him not to allow those miracles to feed his pride.

After ten years of ministry in England, Archbishop Augustine knew his death was near. He prepared for his demise by choosing his successor and ordaining him a bishop. At the time of Augustine's death, two other kings had received baptism, and after his death, the missionary activity continued. By the end of the seventh century, after a series of ups and downs, the kings of each of the kingdoms of Anglo-Saxon England converted, and their people followed.

Saint Augustine of Canterbury, you were open to the will of God in your life, despite the radical and unexpected nature of your calling. You responded with courage, faith, and hope, and God used you in powerful ways. Please pray that I will respond to God's will with courage, so that I will share the faith God has given to me with others in accord with His holy will. Saint Augustine of Canterbury, pray for me. Jesus, I trust in You.

Source: www.mycatholic.life



# MACKILLOP

# PILGRIMAGE 15th-26th October 2024

JOIN US on the official Pilgrimage created and led by the Sisters of Saint Joseph of the Sacred Heart for the last 28 years. An all inclusive 12 day organised pilgrimage to sacred sites in VIC, SA & NSW.

FIND OUT MORE PHONE: (02) 8912 4818
OR EMAIL: national.pilgrimage@mmp.org.au
OR www.marymackillopplace.org.au



MARY MACKILLOP

Numbers Limite d









# Parish Roster

# PLEASE JOIN US FOR MORNING TEA AFTER THE 9AM MASS

## **NEXT WEEKEND'S ROSTER**

# 1/6/2024 to 2/6/2024 THE BODY AND BLOOD OF CHRIST - YEAR B

	Saturday 7.00pm	Sunday 9.00am	Sunday 10.30am
Acolyte		Lorraine D	Paul E
Reader1	Kathryn S	Gabrielle W	FIRST HOLY
Reader2	Miriam B	Kath M	COMMUNION
Prayers	Margaret B	Matt W	CHILDREN
TV		Sebastian W	Trey O
Music		Melanie H	Melanie H
Music		Marisa Q	Keith W
Music		Nigel M	Don R
Music		Theresa N	Christian R
Morning Tea		Sophie & Andrea	Mary & Robin
FLOWERS	Rose G		



Thank you to all our volunteers, we really appreciate it!

If anyone would like to join our parish roster

## **MONTH OF MAY ROSARY**



We will be holding the Rosary at parishioners places in the evenings for the month of May.



If you are interested in having your name on the list to have Rosary at your place or you would just like to attend please contact:

Paula on 0423 078 282.

# **PASTORAL WORKS**

Our Diocese provides an annual sum for Pastoral Works, which our parish is expected to contribute towards through our envelope collections. In cases where the collected amount falls short of the target, we are asked to transfer the difference to the Diocese.

Our annual amount for the financial year 2023/2024 is:

#### \$13,052.00

We have kindly received envelopes from parishioners so far for the amount of:

\$4,689.90

The balance we have left to pay by 30 June 2024 is:

# \$8,362.10

Envelopes are available in the pews and the entries, offering the opportunity for tax -deductible donations.

# **ACKNOWLEDGMENT**

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

# **SAFEGUARDING MISSION STATEMENT**

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

# PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312

Email: arcadia.parish@bbcatholic.org.au

Parish Priest: Fr Shansana Samarasinghe OSB
Email: sanshanasamarasinghe@yahoo.com

After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159
Postal address: 121 Arcadia Rd. Arcadia NSW 2159

Website: www.bbcatholic.org.au/arcadia

Facebook: stbenedictsarcadia

MONASTERY: 9653 1159

Like us on Facebook

BANK DETAILS for ONLINE only donations:

BSB: 062 784 Account: 100002141

Account Name: Catholic Parish of Arcadia Bank:

**CBA—Catholic Development Fund** 

For all parish Occupational Health & Safety and Safeguarding Children matters Contact: Lorraine Dailey on 0416 081 882.